

Kare For Her

Flow With Confidence



I move through each moment with power and grace, Unafraid of the rhythm my body must face. A cycle, a signal, a natural flow, A quiet reminder of strength I show. With care in my corner and comfort in hand, I rise, I rest — exactly as planned. There's no shame in softness, no fear in the red, Just wisdom in knowing what my body has said. I don't pause for discomfort or hide from the tide, I flow with confidence, bold from inside.

Managing Period Pain with Care



Period discomfort is common, but it shouldn't disrupt your life. From heat therapy to over-the-counter relief, there are options to ease cramps and body aches. Always consult your physician to find the safest topical or oral solutions for your unique needs.

<https://kottonkare.homes>

Why Feminine Care Matters — Especially During Your Period

Your period is a natural and powerful part of womanhood — but it also brings changes that require extra care. Maintaining proper feminine hygiene during and after your cycle isn't just about staying fresh — it's essential for preventing irritation, discomfort, and infections. Choosing the right products and routines helps you feel confident, clean, and in control.

When your body goes through its monthly reset, gentle, pH-balanced care supports your health from the inside out. At Kotton Kare, we understand the importance of feeling cared for at every stage of your cycle. That's why we provide trusted, body-safe products that support your feminine wellness with comfort and confidence.

Aaryra **Menstrual Cup –** **Comfortable.** **Reusable. Reliable.**

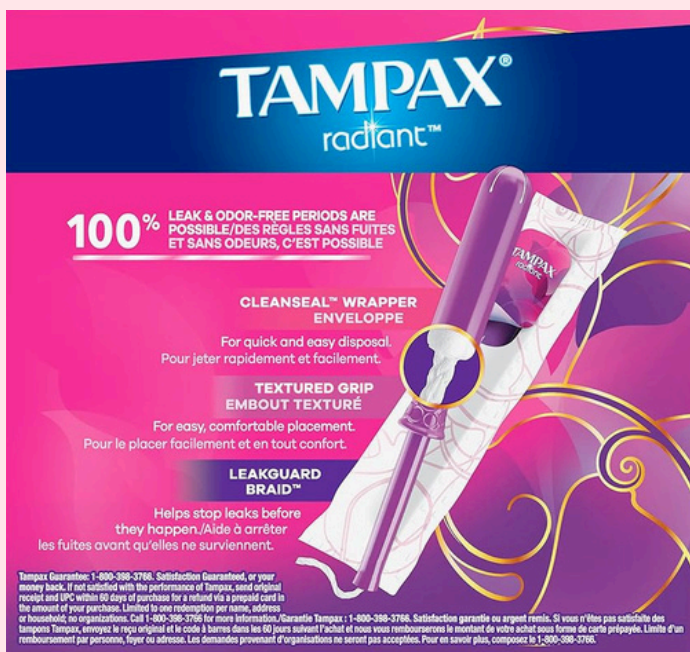
The Aaryra Menstrual Cup offers a sustainable, leak-free way to manage your period. Made from soft, medical-grade silicone, it's worn internally and collects—rather than absorbs—your flow for up to 12 hours of protection. It's reusable, eco-friendly, and perfect for women looking for freedom, comfort, and confidence all cycle long.



Aaryra
Premium Quality Menstrual Hygiene Solutions

Size to choose

Type	Small	Medium	Large
Capacity	15ml	20ml	30ml
Age	Upto 20 yrs	From 20 yrs – 30 yrs	Above 30 yrs
Suitability	Recommended for teens	Average body built, have given birth via C-section	Above average body built, have given birth vaginally
Cervical Length	Low cervix	Low to medium cervix	High cervix
8Hr Wear Time	✓	✓	✓

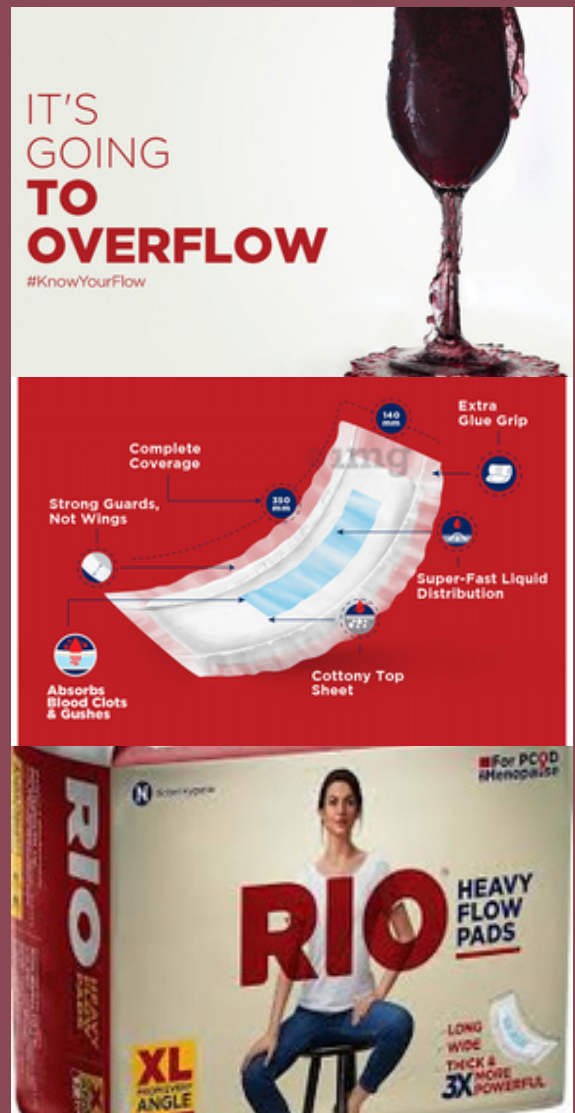


Tampax Radiant Tampons **– Discreet, Comfortable, and** **Built for Movement**

Tampax Radiant Tampons offer up to 8 hours of leak-free protection with a smooth applicator and LeakGuard technology. The form-fit design adjusts to your body, making them perfect for active days or relaxed moments. Each tampon comes in a resealable pouch for easy, discreet use—so you can stay fresh, confident, and in control wherever you go.

💪 Rio Heavy Flow Pads – Built for Real Protection

Rio Pads are specially designed for heavy flow days, providing extra-long coverage and superior absorbency to keep you feeling dry and worry-free throughout the day. Featuring a soft, rash-free top layer, these pads ensure maximum comfort even during extended wear. Their advanced leak-lock technology offers reliable protection against leaks and accidents, so you can move freely and confidently without any interruptions. Whether you're at work, at home, or on the go, Rio Pads give you the peace of mind and comfort you need to face your heaviest days with ease and confidence.



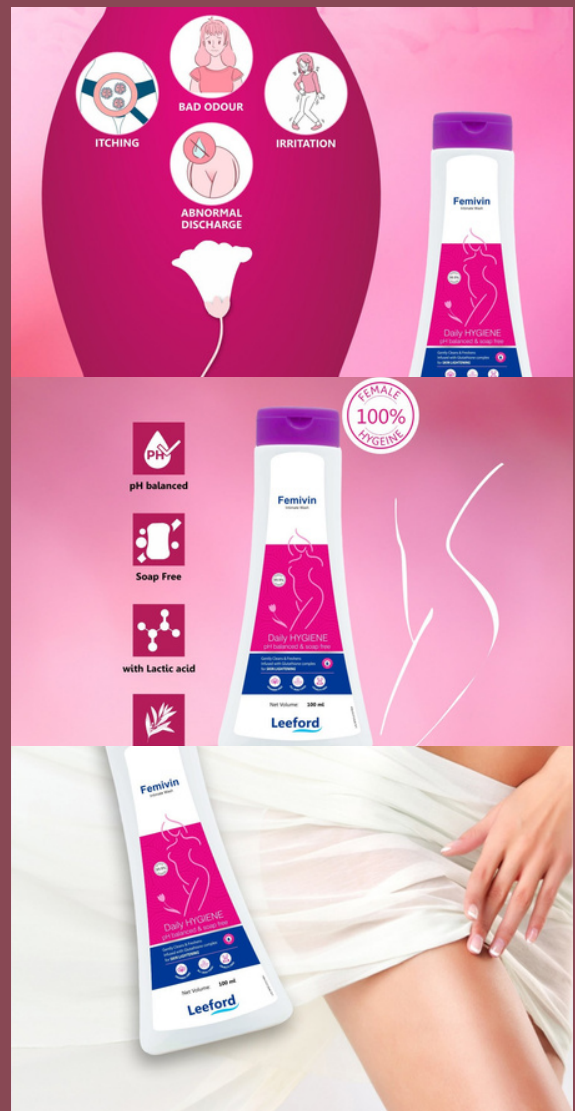
🌸 Summer's Eve Douche – Gentle Freshness, Just for You

Summer's Eve Douche is pH-balanced and gynecologist-tested to gently cleanse and refresh. Designed for occasional use, it helps you feel clean and confident without disrupting your body's natural balance. Perfect for those moments when you want an extra touch of freshness.

Femivin Vaginal Wash — Daily Freshness, Gentle Care

Femivin Vaginal Wash is specially formulated to maintain your natural pH balance while keeping you feeling clean and confident every day. Infused with soothing ingredients, it gently removes odor-causing bacteria without irritation. Safe for daily use, it supports intimate health while leaving you feeling refreshed and comfortable.

Whether it's during your period, after workouts, or as part of your self-care routine, Femivin helps you feel your best—naturally.



Summer's Eve Vaginal Wash — Fresh Confidence, Every Day

Summer's Eve Vaginal Wash is pH-balanced and gynecologist-tested to gently cleanse while maintaining your body's natural harmony. Its mild, soap-free formula washes away odor-causing bacteria without causing dryness or irritation. Safe for daily use, it leaves you feeling fresh, comfortable, and confident.

Perfect for your period, after exercise, or anytime you want a boost of freshness, Summer's Eve helps you feel your best from morning to night.



Kotton Kare

HOME & HEALTH STORE