



Today, I will.

PAMPER MYSELF



MOISTURIZE



Do things at your own pace. Life's not a race.



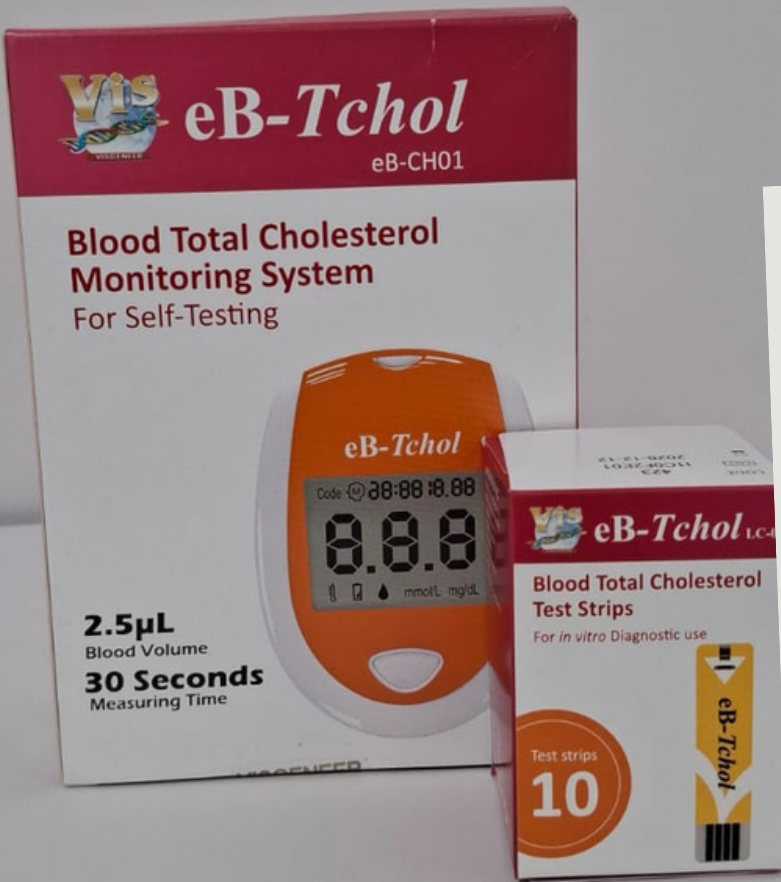
MY SELF-CARE VISION Board

Buy more of what you love

Smell Amazing



REGULATE....



Remember this: Be kind to your body.

BOOST

